



## Quality of Life Questionnaire

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Name \_\_\_\_\_

Completed by \_\_\_\_\_ Date \_\_\_\_\_

Please consider each question and choose the number that best applies:

Never 0; Seldom 1; Occasionally 2; Frequently 3; Always 4

- Blurred Vision       Near       Distance
- Double vision/overlapping vision       Near       Distance
- Headaches while or after doing near work.
- Words appear to run together when reading.
- Burning, stinging, itchy or watery eyes.
- Falls asleep when reading.
- Vision and visual work is worse at the end of the day.
- Skips or repeats lines while reading.
- Dizziness or nausea when doing near work.
- Head tilts or one eye is closed or covered when reading.
- (Students) Difficult copying from the chalkboard/white board/overhead.
- Avoids near vision work/reading.
- Omits (drops out) small words when reading.
- Writes up or down hill.
- Misaligns digits or columns of numbers.
- Reversals       Reading       Writing
- Reading comprehension low, or declines as day wears on
- Poor, inconsistent performance in sports.
- Holds books too close, leans too close to computer screen.
- Trouble keeping attention centered on reading.
- Difficulty completing assignments/meeting deadlines on time.
- First response is "I can't" before trying.
- Avoids sports and games.
- Poor eye/hand coordination, (handwriting, catching, etc.)
- Does not judge distances accurately.
- Clumsy, accident prone, knocks things over.
- Does not use/plan time well; poor time management.
- Does not count or make change well; Difficulty with \$ concepts.
- Loses papers, objects and belongings.
- Car or motion sickness.
- Forgetful, poor memory.
- Difficult with spelling.